

## Tekki Sandan

(Stepping: crossing foot stays up on ball as other foot slides under it to next position.)

1. R (Kiba dachi) R uchi mikazuki geri jodan/L descending uchi uke
2. L descending uchi uke /R gedan barai
  - ✎ *Fists to chest w/L on top then out to uke.*
3. R morote shita tsuki jodan-**kiai**, R morote chudan tsuki, R wrist release
  - ✎ *L shuto is supporting on top of Rchudan tsuki. R wrist release: fist stays closed, palm up, palm down, palm up.*
4. R (Kiba dachi) R morote uchi uke (RS), R morote tettsui uchi chudan (RS)
  - ✎ *R uchi uke scoops low, then R scoops back to L side, then ending w/ high-pass tettsui. You are catching a kick and throwing, then hitting w/ tettsui as they fall.*
5. R morote chudan tsuki
6. L gedan barai/R uchi uke
7. L (Kiba dachi) L morote shita tsuki jodan-**kiai**, L morote chudan tsuki, L wrist release
8. L (Kiba dachi) L morote uchi uke (LS), L morote tettsui uchi chudan (LS)
9. L morote chudan tsuki
10. R tora kuchi barai chudan, L kage tsuki chudan
  - ✎ *Tora kuchi barai to R45.*
11. R (Kiba dachi) R uchi mikazuki geri jodan/L descending uchi uke
12. R age uke/L tettsui jodan, R morote shita tsuki jodan-**kiai**

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