

Kumi Bo -- Tore

Start w/ L foot back chudan kamae

1	2 step in	chudan tsuki	2 step back	chudan kamae
2	2 step in	chudan tsuki	1 step back	jodan kamae
3	1 step in	jodan shomen uchi	1 step back	lowered-jodan kamae
4	shuffle in	ashi tsuki	1 step back	chudan kamae
5	2 step in	chudan tsuki	2 step back	gedan ichi-monji kamae
6	no move	age uke	no move	chudan kamae
7	2 step in	chudan tsuki	1 step back	kata-jodan kamae
8	1 step in	yoko uchi chudan	1 step back	kata-jodan kamae
9	1 step in	yoko uchi chudan	1 step back	jodan kamae
10	1 step in	jodan shomen uchi	2 step back	chudan kamae

Kumi Bo -- Uke

Start w/ L foot back chudan kamae

Readjust to starting point after any tai-sabaki or shuffle in.

1	L tai-sabaki	soto uke	jodan tsuki	adjust chudan kamae
2	R tai-sabaki	uchi uke	jodan tsuki	adjust gedan kamae
3	L back neko ashi tai-sabaki	sukui uke	ura uchi chudan	1 step back neko ashi vertical bo
4	ten tai	gedan uke	shuffle in ashi tsuki	adjust jodan kamae
5	R step in tai-sabaki	harai uke	scoop L tai-sabaki, chudan tsuki	1 step back jodan kamae
6	R step in	jodan shomen uchi	furiage uchi	pull back L neko ashi hasso kamae
7	L musubi tai-sabaki, hikkake uke	L back	kote uchi	1 step back kokutsu dachi hasso kamae
8	R tai-sabaki, gyaku-hikkake uke	lift over	osae uke	2 step back ai hasso kamae
9	R tai-sabaki, ai gyaku-hikkake uke	lift over	jodan tsuki	1 step back waki kamae
10	L tai-sabaki	waki kote uchi	1 step back to chudan kamae	